

Wood River Mountain Bike Team

Fall 2024 Team Registration Opens April 1, 2024

The Wood River Mountain Bike Team was established in 2015 as part of the inaugural Idaho NICA statewide program, which brings mountain biking to all levels of riders between grades six and twelve. As a community, we are excited to participate in the Idaho Interscholastic Cycling League (IICL) and be part of an ever-expanding trend in high school sports. “I wish I had this when I was in high school” is the mantra of many parents as they watch their kids rip through the single tracks of the Idaho mountains.

The WR MTB Team is a community team that includes students from Wood River High School, Wood River Middle School, Hemingway, The Sage School, Silver Creek High School, Trinity School, Syringa, and Carey School. Currently, our team consists of 6-12 grade students. The 2023 season consisted of 90 riders participating on the team and a total of 44 volunteer coaches supporting our student athletes.

We seek to strike a balance between being a competitive individual and team sport while retaining some recreational club qualities. For athletes new to cycling, immediate immersion into training, racing, and the pressure to perform may be intimidating. This is why the IICL has carefully designed individual racing categories based on grade (in the middle school) and experience at the high school. High school riders compete in one of four categories (Freshman, JV1, JV2 and Varsity), all of which race different distances on the same course.

If your son or daughter is interested in participating on the Wood River Mountain Bike Team, then click on the link below to learn more. Our season starts July 29, 2024 and our registration opens April 1, 2024. Due to permits and our coaching staff, we reach team capacity quickly. Potential middle school riders will be entered into a lottery/point system at registration. Parents will be notified of acceptance by May 1, 2024. See below for details.

Kindly,

Joel Zellers
Director WR MTB Team
Teacher WRHS

[Wood River Mountain Bike Team website](#)